



ROTARY VOTARY

The Rotary Club of West Chester, District 7450
Barry Rassin, International President 2018-2019

Bulletin #36 www.WestChesterRotary.us April 4, 2019

This Week's Program: April 4, 2019
Speaker: Dennis Steiner, President/CEO
VisionCorps

Next Week's Program: April 11, 2019
Speakers: Tim Healy and Mark Yoder
Classification Talks

MINUTES by Winnie Stroup

The meeting was opened by **Matt Holliday**. **Faith Woodward** gave the invocation for **Chris Franz** who could not attend the meeting. In light of all the recent violence in the world, Faith read St. Francis Assisi's prayer: Lord make me an instrument of thy peace. It was especially moving today.

Visiting Rotarians included our speakers Mary Ellen Maher from the Twin Valley Club and Mark Cunningham from Paoli. **Larry Miller** introduced guest Bob Ackerman from Boeing and **Deb Sparre** introduced Greg Gillford.

Happy dollars: **Patty Jefferis** was happy last week that her grandchildren were visiting her. This week she is happy that their parents are picking them up on Sunday. **Faith Woodward** is very happy that Chester County Hospital is so professional and competent. After arriving at the ER, her daughter had surgery 6 hours later and all is well. Mary Ellen Maher from Twin Valley is happy and grateful to our club for our support of Rotoplast. **Ernest Zlotolow** is very happy that Orthopedic Hospital "Frank Pais" in La Habana, Cuba, is hosting a hand surgery course for orthopedic surgeons to be taught by four top U.S. hand surgeon this week, March 26th - 29th, under the auspices of our Rotary club's CORS and The Manus Club About 100 orthopedic surgeons from all over the world are expected to attend. The president of Cuba is sending one of their top athletes to have critical surgery. **Paul Woodruff** is happy that he and his wife had dinner with their granddaughter in Newark DE where the beer list was extensive and the food was limited.

Birthday: **John Schwab** wished a Happy Birthday to **Dave Wood**.

Announcements: **Mac Neilon** announced that April 27th is Rotarians at Work Day and our club will be

working at Marshall Park. **Deb Sparre** noted that the Borough has obtained a machine that will assist with scrapping gum off the streets etc. **Chris Feryo** reminded us to bring a frozen gallon of soup for Safe Harbor on April 4th. He's passed out recipes so we all make the same soup. This will be easier for Safe Harbor and all the soup can be cooked in one pot. Freeze the soup in 1-gallon bags flat on a cookie sheet so that they don't have freezer shelf markings.

Steve Quigley won the 50-50 but he drew the Five of Spades

SPEAKERS REVIEW by Kyle Rheiner

On the 28th, we had the pleasure to hear about Rotoplast International from Mark and Mary Ellen.

For those who aren't familiar, Rotoplast International is a 501 (c) (3) that is committed to helping children and families worldwide by eliminating the burden of cleft lip and/or palate, burn scarring and other deformities.

Mark only joined rotary 15 months ago and Mary Ellen retired customer service executive and seeing where these kids live and grow up has changed her life and mindset, as Rotary does for so many of us.

Mark shared his story and photos of his trek to Monrovia, Liberia from August of 2018 where 20 Rotarians banded together to assist the folks at the St. Joseph's Catholic Hospital where they provided free surgeries to children and adults. After the surgeries, the smiles of the patients were contagious! Very moving!

Mary Ellen started out with: "Births don't always go right." And she knows firsthand as her brother had meningitis when he was born and her family was

quarantined and made to feel like an outcast when she was only 5 years old.

The mantra of Rotoplast is "Saving Smiles, Changing Lives."

That said, those with a cleft lip or palate are judged immediately by those that see them. We learned today that the lip/mouth area is one of the last areas to form, and sometimes it just doesn't complete the formation. It's more of a case of bad luck and bad timing. If a child needs a surgery for a cleft lip AND palate - they do lip the first and the palate a year later. Having a cleft lip/palate can lead to difficulty in speaking, eating and promote ear infections.

19,000+ individuals have been helped by Rotary/Rotoplast since 1992 - Anyone can get involved and contact Mark to hear about future missions.

We then presented Mark and Mary Ellen with a check for \$1,000 to which they were very grateful.



SOUP FOR SAFE HARBOR

This year's Soup Project will be a little different. We are asking that all Rotarians make the same soup (recipe below) and freeze in gallon Ziploc bags. We will be collecting the soup at our meeting on April 4th and delivering it to Safe Harbor.

Ingredients

- 1 lb lean ground beef
- 1 small onion, finely diced
- 2 cloves garlic, minced or pressed
- 1 teaspoon salt
- 2 cups peeled and chopped potatoes
- 2 cans (14.5 oz each) beef broth
- 1 can (10 oz) condensed tomato soup
- 1 can (15 oz) petite diced tomatoes, undrained
- 1 bag (16 oz) frozen mixed vegetables
- 1 teaspoon Worcestershire sauce
- 1 teaspoon dried parsley
- 1/2 teaspoon dried basil
- salt & pepper, to taste

Instructions

- In a soup pot, over medium-high heat, brown the ground beef, onion, garlic, and salt until no longer pink. Break up meat in crumbles as it cooks. Drain and return to the soup pot.

- Add chopped potatoes, beef broth, tomato soup, diced tomatoes, frozen vegetables, Worcestershire sauce, and the seasonings. Stir to combine. Bring to a boil. Once boiling, cover with a lid and reduce heat to medium-low. Let simmer for at least 30 minutes for the flavors to combine and the soup to become thicker.
- Put into freezer Ziploc bags. Lay flat on cookie sheet and freeze.

THANK YOU

Copies of the Votary are provided today by **Brian Fahey** of West Chester Friends School.

SAVE THE DATE

- Apr 13 Rotary Clean Up at Goose Creek
- Apr 27 Rotary at Work Day
- May 5 East Goshen MS Walk
- May 13 Rotary @ the Blue Rocks
- May 18 Community Warehouse Day

Check out the Rotary Calendar of events at

<http://www.westchesterrotary.us/clubcalendar.htm>

Add events: calendar@westchesterrotary.us

COMMUNITY WAREHOUSE PROJECT

Our next volunteer workday for the Community Warehouse Project will be Saturday, May 18, between the hours of 9 and 2. If you have a truck and/or are willing to help with furniture pickups and drop offs please let me know! Click on the link below to sign up. www.volunteersignup.org/YQEL7

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HOW TO GET IN TOUCH

Votary Committee: Chair, Faith Woodward, 610-918-3432; Votary@westchesterrotary.us Web support: Judi Bell and Howard Sundwall.

Webmaster@WestChesterRotary.us Committee: Pat Barron, Gary Hess, Fran Luft, Cathy Palmquist, Kyle Rheiner, Patty Roos, Charles Streitwieser, Winnie Stroup