

Program: October 15, 2020
International Service Committee

Program: November 5, 2020
TBA

MINUTES by Faith Woodward

President Michelle started the virtual meeting with the Pledge of Allegiance. The invocation was a moment of silence.

No Visiting Rotarians were present, but our guest, Sue Long, had been a Rotarian in the past.

Glen Sweet wished the following Rotarians a Happy Birthday- **Phil Bieg, Dan Cosgrove, Mickey Hall, Paul Woodruff, Judy Bell, and Steve Bayles.**

Happy Bucks: **Sue Flynn** (\$5 for the gender reveal for her 5th grandchild), **Ebbie Alfree** (Art of Caring online auction for The Hickman- see their Face Book page), **Bill Friedmann** (today was 17th anniversary of the opening of Blue Dog Printing), **President Michelle.** (**Mel Josephs** was on the meeting call and **Mark Sammarone** added the LifePump video to our web site).

Announcements:

President Michelle invited us all to the virtual Board Meeting on Oct 14 at 7:30 AM. See our Web site for details.

Oct 8 will be the gathering at Marshall Square Park
 Oct 19 District 7459 will have a program on Racism and Social Justice led by Calvin Jones.

Oct 24 is World Polio Day celebrating that Africa is Polio free!

Historic happenings.

President Michelle shared **Bill Friedmann's** research for 1935 when our club donated a hand truck to The Salvation Army worth \$150. That year, one of the club's speakers was Leslie Pinkney Hill who spoke about the Community Center for African Americans now known as the Charles Melton Center. The Cheney Singers' presentation included their member, Bayard Rustin who was the recipient of a club scholarship.

President Michelle ended the meeting with the quote, "Actions bring your dream closer."



SPEAKERS REVIEW by Faith Woodward

The program on Hospice 101 was given by Janice Gathercole from the Penn Hospice West Chester branch, and Peggy Breitschneider from the Center City branch.

Janice is the Volunteer Coordinator for Penn Hospice (formerly Neighborhood Visiting Nursing Association). Debbie Friedmann is a volunteer at the West Chester branch and suggested today's program.

Hospice is a vital program for those with a limited life expectancy. The focus is on their life, not their death. The multi-disciplinary plan is concerned with quality of life, care, and comfort. Their holistic approach includes chaplains, volunteers, social workers, Reiki, and pet and music therapy.

The philosophy of providing quality of life, not curative treatment, helps patients to be as pain-free and alert as possible as well as supporting the caregivers. They provide patient care and education.

1974 - the first US hospice was started as an all-volunteer organization in Connecticut.

1982 – Hospice became a Medicare benefit
1991 – Hospice teamed with Veteran’s Healthcare

Admission requirements:

Physician determines prognosis is 6 or less months
Discontinue all curative treatments
Do Not Resuscitate orders (not required but 95% do request)

Payment is by Medicare, Medicaid, private insurance, or private pay. As a non-profit they are pleased to receive charitable funds.

Hospice services can be provided in the home, in an assisted living/personal care or nursing community, a group home, a hospital, or in an Inpatient Unit.

The steps to sign on to hospice include: recommendation by physician; selecting a hospice agency (3 choices); visits by a nurse, social worker, chaplain, home health aide, and volunteers; inpatient hospice if 24/7 services are needed, and bereavement support if desired.

Volunteers offer companionship, relief to caregivers, pet therapy, cooking, letter writing, phone calls, music, etc.. Vet-to-vet is a new service offered as part of their “We Honor Veterans” program.

To volunteer or donate, please call Janice Gathercole at 610-696-6511. To learn more, put in your browser: www.chestercountyhospital.org/services-and-treatments/home-care-and-hospice-neighborhood-healthx/hospice-volunteer

EVENTS CALENDAR

- Oct 19 District program on Racism and Social Justice
- Oct 24 World Polio Day
- Nov 11 Fellowship Meet Up – Up on the Roof of the Chestnut St Parking Garage

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HOW TO GET IN TOUCH

Votary Committee: Chair, **Faith Woodward**, 610-918-3432; Votary@westchesterrotary.us Web support: **Judi Bell** and **Howard Sundwall**.
Webmaster@WestChesterRotary.us

Committee: **Pat Barron, Brian Fahey, Gary Hess, Michael Lewis, Fran Luft, Danielle Mortimer, Cathy Palmquist, Kyle Rheiner, Winnie Stroup, Jill Stoltzfus**

